THE MACROBIOTIC ASSOCIATION

Assessment Application Form

MA Health Coach & Cook

October 2021.

Your name_____ Date of birth _____

Address_____

_____

Email address_____

Phone no: day _____ eve' _____

Make a chronological list with start/end dates and hours, of courses you've attended in Mb way of life studies. **Please write very clearly.** Attach copies of certificates or other evidence of course completion. Continue on an extra page if you want to add other studies / workshops / therapies / adventures that have influenced your life?

Dates of course	Hours of study	Name of course or teacher

Why you want to be an MA Macrobiotic Health Coach & Cook, and what are your future plans?

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Describe any health problem, disability or difficulty that we need to know for your assessment.

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Your details, photo and biography to go onto the MA website Practitioners page.

Your name and contact details you would like to give to the public on the Practitioners page.

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Please write a biography of approximately 100 words.

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Please attach a head and shoulders photo of yourself.

Your Agreement to follow the Macrobiotic Association Code of Conduct and Ethics

I have read the MA Code of Conduct & Ethics for professional members. I agree to abide by it.

Signed _____ Dated _____

Please send this form with the following to the accreditation person.

1. Two Case Study Reports

Please present these typed, succinctly written, maximum 3 A4 sized sheets.

For a Health Coaching case study, you need to have seen the client twice. It needs to include your notes on health conditions past and present, present diet, your health assessment and personalised recipes and recommendations.

For a cooking report you need to give two cooking classes to the same group and include:
Your menu plan and recipes.
Photographs of your food
Feedback from the clients or class
What you learnt from giving these cooking classes.

2. Copy of your Public and Products Liability Insurance

For example Class 3 insurance) with Balens Insurance www.balens.co.uk or Holistic Insurance Services www.holisticinsurance.co.uk

If you are living outside the UK, Complete your application in English and include a copy of your insurance certificate. If insurance is not available where you work, add a letter stating that you will abide by the laws and regulations of the countries where you work.

3. If you are using option 1, (having studied at a ratified school) completion certificate from your school.

4. Your head and shoulders photograph to appear on the website.

5. Please transfer payment for Option 1 of £80 or for Option 2 of £120.

This fee includes your first years Professional Membership.
On MA website horizontal menu click Membership.
Click accreditation on the dropdown menu.